<table>
<thead>
<tr>
<th>Activity</th>
<th>Estimated Time Spent</th>
<th>Activity</th>
<th>Estimated Time Spent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class</td>
<td></td>
<td>Chores and Personal Business</td>
<td></td>
</tr>
<tr>
<td>Work</td>
<td></td>
<td>Friends/Significant Other</td>
<td></td>
</tr>
<tr>
<td>Studying</td>
<td></td>
<td>Community Service</td>
<td></td>
</tr>
<tr>
<td>Internet Browsing (Facebook, Twitter, etc.)</td>
<td></td>
<td>Student Organizations</td>
<td></td>
</tr>
<tr>
<td>Sleeping</td>
<td></td>
<td>Leisure/Entertainment</td>
<td></td>
</tr>
<tr>
<td>Eating</td>
<td></td>
<td>Spiritual Life</td>
<td></td>
</tr>
<tr>
<td>Family Time/Childcare</td>
<td></td>
<td>Other</td>
<td></td>
</tr>
<tr>
<td>Commuting/Traveling</td>
<td></td>
<td>TOTAL</td>
<td></td>
</tr>
</tbody>
</table>