

Activity	Estimated Time Spent	Activity	Estimated Time Spent
Class		Chores and Personal Business	
Work		Friends/Significant Other	
Studying		Community Service	
Internet Browsing (Facebook, Twitter, etc.)		Student Organizations	
Sleeping		Leisure/Entertainment	
Eating		Spiritual Life	
Family Time/Childcare		Other	
Commuting/Traveling		<b>TOTAL</b>	